Everyone deserves the opportunity to lead the healthiest life possible. To realize that vision, we work in close partnership with organizations to address our communities’ most pressing needs.

**COMMUNITY BENEFIT SNAPSHOT**

**WE INVEST IN OREGON’S HEALTH**

- **Community health improvement and strategic partnerships**
  - $17.8 MILLION

- **Health professions education and research**
  - $38.2 MILLION

- **Subsidized health services**
  - $5.8 MILLION

- **Free and discounted care for the uninsured and underinsured**
  - $53.9 MILLION

- **Unpaid cost of Medicaid and other means-tested government programs**
  - $162.3 MILLION

*Home and CommunityCare investments included
*Excludes $271.2 million in unpaid cost of Medicare as required to report by the Oregon Health Authority
*Data is consolidated based on unaudited financial reporting

**TACKLING OREGON’S BIGGEST HEALTH CHALLENGES**

Our community health needs assessment guides our investments and partnerships. In 2018, we focused on improving behavioral health services, reducing chronic conditions, and addressing health-related social determinants.

**SHARED PURPOSE ACROSS OUR FAMILY OF ORGANIZATIONS**

At Providence St. Joseph Health, we invest in improving community health across all seven states we serve. Called by our Mission, we are committed to steadfastly serving all within our communities, especially the poor and vulnerable.
HEALTHIER KIDS, HEALTHIER FUTURE

Healthier Kids, Together describes Providence-Oregon’s collective effort to reduce the prevalence of childhood obesity by promoting physical activity and improved nutrition for children. In Oregon, nearly one-third of 6- to 9-year-olds are overweight or obese. With excess weight comes higher risk for physical and psychosocial problems, such as high blood pressure, high cholesterol, depression and low self-esteem.

Providence has dedicated some community benefit investment since 2015, and adopted evidence-based messaging to address lifestyle choices that impact childhood obesity. By using the 5.2.1.0 + 9 formula, Providence caregivers and community partners are giving youth and families targets that will increase overall health and wellness.

This simple message encourages daily goals for a healthy lifestyle: eating 5 or more fruits and vegetables, limiting screen time to 2 hours or less, getting 1 hour or more of physical activity, avoiding sugar-sweetened drinks and sleeping 9 or more hours per night. Providence ministries and community partners are sharing this message with children across Oregon, particularly in lower-income communities where children are most vulnerable.

Providence is coming along side and providing support through access to healthy foods, education and activities. This work will continue to expand as we integrate shared messaging and outcomes in the coming year.

— PAM MARIEA-NASON, EXECUTIVE DIRECTOR OF PROVIDENCE COMMUNITY HEALTH DIVISION IN OREGON